

## Tread, tread, tread

Posted on May 10, Posted by [Lois Lowry](#) Category [Uncategorized](#)



Here is Alfie, supervising the set-up of a treadmill in my studio in Maine. I have one in Cambridge but soon will move up to Maine for the summer and need to continue trudging away. My friend Kay has convinced (make that coerced) me to go with her in January to a place that I am thinking of as Torture Resort (see website: <http://www.theashram.com>) so I have to prepare myself. Kay doesn't need to; Kay is always prepared! As I speak she is leaving for Peru to hike the Inca Trail; and she spends time each day at the gym, or rowing on the Charles River, but only of course when she is not off trekking the tundra of northern Canada.

The childish part of me (my main component part, actually) would like to say, of Kay, "Well, nyah, nyah, she can't write a book!" but the fact is she is in the middle of writing a book right now, while she is on sabbatical from her teaching chores at Harvard.

The treadmill allows me to prop up my Kindle and read while treading, and I have just finished Barbara Walters' much-publicized memoir. In it she mentions a question she sometimes asks during interviews: 'What do you think is the biggest misconception that people hold about you?' So I have been thinking about that, and mentioned it to Martin (who arrived here yesterday) over a glass of wine last night. I told him that my first response was "that I am well-organized."

Then, after a second, I said, "But I am pretty well-organized, actually," and he agreed.

So far I have not come up with another answer.

Tags: Untagged